



FOR IMMEDIATE RELEASE

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Lewis County Health System Announces 2023 Employee of the Year

Lowville, N.Y. - Lewis County Health System proudly announces Respiratory Therapist Kristina Boucher as the 2023 Employee of the Year, a recognition that inspires us all.

"Kristina exemplifies our culture of integrity, compassion, accountability, respect, and excellence," stated Gerald R. Cayer, LCHS Chief Executive Officer. "Her compassion and kindness positively impact the lives of patients and her coworkers."

Kristina and the 2023 Employees of the Month (listed below) were honored at the Employee of the Year event in March. LCHS staff voted by ballot with the named Employees of the Month for who they felt deserved the Employee of the Year recognition.

The coworker who nominated Kristina as Employee of the Month stated she is a team player. The coworker said, "While performing her job duties, Kristina is always ready to lend a hand and meet patient needs. Whether it is with a snack or words of encouragement, she is a ray of sunshine on the night shift. She has an amazing ability to reassure patients and coworkers with her upbeat personality."

According to Kristina, she "was shocked and honored to receive this honor. I truly love hands-on patient care and working closely with patients as a team to make a difference. My coworkers are fabulous, and the team pitches in when and where needed to encourage each other, even on rough days."

"We are so lucky to have Kristina on our team," stated LCHS Director of Cardiopulmonary Services Samantha Woodhouse. "She radiates positivity, and everyone who comes in contact with her can feel it. Attitudes are contagious and infectious, so you can't help but be in a good mood around her! She is the definition of an excellent caregiver, spending as much time as needed to answer questions and ensure her patients understand everything. She always finds out if she doesn't know the answer and circles back with the patient to close the loop. Kristina is so very deserving of this wonderful award!"

The 2023 Employees of the Month were: January – Darcy Zehr, PT, Rehabilitation; February – Matthew Gyore, Cleaner, Environmental Services; March - Kristina Boucher, RRT/CRT, Respiratory Therapy; April – Heather Bates, CST, Surgical Services, May – Emily Paulsen, RN, Coordinator, Staff Development; June – Mackenzie Goutermout, RN, Med-Surg Unit; July – Julie Smith, Patient Access Clerk, Occupational Medicine; August – Emily Koster, RN, Med-Surg and Critical Care Units, September – Gabriel Carter, CNA, Residential Health Care Facility; October – Bertha Snyder, Unit Helper, Residential Health Care Facility; November – Stanley Mathys, Van Driver, Residential Health Care Facility; and December – Andrea Peebles, Clerk, Health Information department.



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In photo L to R: LCHS Director of Cardiopulmonary Services Samantha Woodhouse and Respiratory Therapist Kristina Boucher.